

# TESA AREA WORKSHOP



*Hosted by:*

**Richardson Educational Support Staff Assoc. (RESSA)**  
**Garland Educational Support Staff Assoc. (GESSA)**



## **Morning Sessions 8:30 – 10:00 AM**

### 101 **Creating with Canva**

*Lindsay Baronoskie, Technology & Outdoor Learning  
LH Learning Community Tech Lead, RISD*

Would you like to be able to create logos, flyers and presentations that look professionally done? You can do all of those things and much more in Canva! In this session, we'll start with the basics and have you creating like a pro when we're done. Make sure to bring a laptop or iPad if you want to follow along and get hands-on experience!

### 102 **Oh My! Why Do I Act the Way I Do?**

*Barbara Jennings, TESA Past President, Retired San Jacinto College.*

This session will cover what makes up our personality, the reality of life events, why we sometimes separate ourselves from others, how we rationalize events in our lives, and how to renew our mind through forgiveness

### 103 **"Holding THE Conversation: With Compassion, Professionalism and Tact"**

*Gaya Jefferson, Executive Director Professional Dev., RISD*

Mastering the art of difficult conversations requires empathy, professionalism, and tact. This presentation will provide practical strategies for approaching challenging discussions with confidence and compassion. Attendees will have an opportunity to learn, practice, prepare to apply, and reflect on next steps.

## **Morning Session - 3 hr. Session – 8:30 – 11:30 AM** **(TPEP credit will be awarded)**

### 104 **Love and Logic**

*Kelly Smith, Mesquite ISD*

Love and Logic is a program that was created in 1977 by Jim Fay and Foster Cline. This program is research based. Love and Logic is all about positive relationship building. This program may be used at home, school, the community, and the workplace. Love and Logic has three simple rules to build positive relationships while helping others become great problem solvers. Love and Logic can be used with children as young as 2 and continue to be used throughout adulthood. This program has many positive side effects and helps everyone.

## **Morning Sessions 10:15 – 11:45 AM**

### 201 **Building Bridges to Engage with All Families**

*Sofia Nunez, Owner, Empower the Voice*

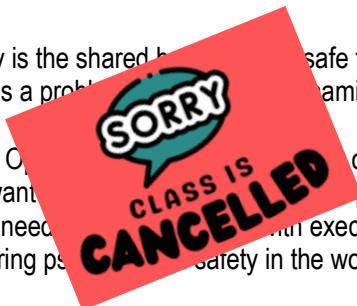
Paraprofessionals are the glue between the school and families. How can you use the power of your influence to strengthen the relationships between schools and all families? In this session you will uncover the power of your own personal assets, increase your knowledge and skills to amplify your impact and contribute to the development of a more unified, cohesive and supportive school community.

### 202 **Psychological Safety in the Workplace**

*Michael Bland, Garland ISD*

In the workplace, psychological safety is the shared belief that the team is safe to take interpersonal risks as a group. These risks include speaking up when there's a problem, asking for help, admitting mistakes, and sharing creative ideas, among others.

According to the 2022 State of Talent Operations, 75% of companies say psychological safety is the top driver of employee retention. If you want to create a psychologically safe workplace, you need executive buy-in. Not sure if your employees feel psychologically safe? Start by measuring psychological safety in the workplace.



### 203 **“Holding THE Conversation: With Compassion, Professionalism and Tact”**

*Gaya Jefferson, Executive Director Professional Dev.*

#### **Repeat of Session 103**

Mastering the art of difficult conversations requires empathy, professionalism, and tact. This presentation will provide practical strategies for approaching challenging discussions with confidence and compassion. Attendees will have an opportunity to learn, practice, prepare to apply, and reflect on next steps.

## **Afternoon Sessions 12:45 – 2:15 PM**

### 301 **Google Forms for Paras**

*Hannah Verrill, Richardson ISD*

Google forms is one of the most versatile, yet easy to use survey tools available. From quizzes to attendance, RSVPs, permission forms, staff favorites lists, feedback, voting, and more let google forms do the work for you. This session will cover the basics of how to create, share and use the data collected with google forms.

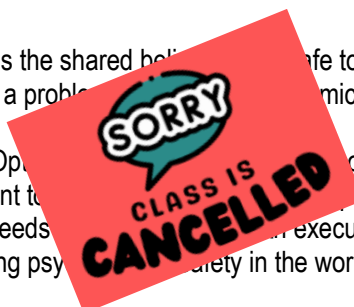
### 302 **Psychological Safety in the Workplace**

*Michael Bland, Garland ISD*

#### **Repeat of Session 202**

In the workplace, psychological safety is the shared belief that the team is safe to take interpersonal risks as a group. These risks include speaking up when there's a problem, asking for help, admitting mistakes, and sharing creative ideas, among others.

According to the 2022 State of Talent Operations, 75% of companies say psychological safety is the top driver of employee retention. If you want to create a psychologically safe workplace, you need executive buy-in. Not sure if your employees feel psychologically safe? Start by measuring psychological safety in the workplace.



303 **Alphabet Soup – TESA, NAEOP, CEOP, TPEP**

*Juliana Holmes, CEOP, GISD*

It can be confusing if you don't know what it means. There are so many acronyms used and many times we just pretend we know what they mean. It's time to learn their meanings. Attend and find out exactly what this Alphabet Soup means to you.

## **Afternoon Sessions 2:30 – 4:00 PM**

401 **Creating with Canva**

Repeat of session 101

*Lindsay Baronoskie, Technology & Outdoor Learning  
LH Learning Community Tech Lead, RISD*

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402 **Understanding the Basics of Cybersecurity**

*Robin Gunter, Exec. Director, Instructional Technology, RISD*

We've all heard the term 'cybersecurity' and completed the annual compliance training around the topic. But what does it really have to do with you and your day-to-day work?

This session will cover why cybersecurity is talked about so much and easy steps to implement to help keep you and the district safe.

403 **24 Self Care Tips and the 24 Reason You Should Self Care in 2024**

*Dana Wood, BSN, RN. GISD*

This session will provide real ideas for self-care and reasons that we should provide self-care in 2024. You are worth it!

## **TPEP Session 1:00 – 4:00 PM**

S1 **TPEP – Professional Growth**

(3-hour T-PEP Class)

*Barbara Jennings, Retired San Jacinto College*

Participants discuss the goal-setting process and develop personal plans of action.